

Get a *jump* on the competition...



PowerMind™ Performance Coaching |

Pressure can distract and defeat you.

Great equipment, nutrition and coaching just aren't enough... That's why the world's best athletes use performance enhancement training to gain that crucial mental edge.

Welcome to **PowerMind™**— a training approach developed in concert with the world's leading coaches and performance specialists. Used by professional and Olympic athletes, our program is designed to help you achieve competitive success. The **PowerMind™** program begins with an in-depth analysis of your mental game so you can:

- Achieve mental toughness.
- Prevent errors before they occur.
- See how you measure up against the best athletes in the world.
- Gauge your specific concentration strengths and weaknesses.
- Learn how to "play in the zone"

Perform Under Pressure.™

www.THEWINNINGMIND.com
Toll Free 866.WIN.MIND

PowerMind™ Team |

Great teams are more than collections of great players. There is that crucial element called "team chemistry." Our cutting-edge Mission Profiling™ system compares your team with other top-performing teams. We can then design a customized performance enhancement program that will deliver winning results.

PowerMind™ program components include on-site performance evaluations, individual and team assessment and personalized mental skill-building sessions. We apply the single most powerful and sophisticated sport assessment tool available.

- Enhance teamwork
- Create a scientifically-based selection & scouting system
- Identify and develop leaders
- Improve communication skills
- Reduce costly mistakes

If winning is important to you, contact Winning Mind.



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